

Professional Responsibility

All registered nurses, midwives and non-medical prescribers being employees of South Staffordshire & Shropshire Healthcare NHS Foundation Trust are authorised to supply Fluconazole as specified under this Patient Group direction following demonstration of the competencies below;

Professional Responsibility / Competencies

1. The registered nurse will have undertaken appropriate training in order to carry out clinical assessments of patient that requires treatment according to the indication listed in the PGD
2. Hold a recognised qualification in contraception/sexual health (ENB 901, 8103, or equivalent post-registration qualification; an introduction to contraception is not sufficient)
3. Is competent in the assessment of individuals using Fraser guideline
4. Has undergone regular training and updating in safeguarding children and vulnerable adults
5. All nurses will have received training in the management and treatment of anaphylactic shock on an annual basis
6. Each nurse will keep a record in their professional portfolio of the updates attended during every 12 month period – This information will also form part of the team's annual training plan
7. The nurse will have due regard for the NMC Code of Conduct, Scope of Professional Practice and Standards for Medicines Management (Nursing & Midwifery Council)
8. Undertaken appropriate training and possess the competencies for working under PGDs for the supply and administration of medicines. Or for new services to the Trust members of staff must have completed the Trusts PGD training package within 6 months of the start of the contract
9. All registered nurses details and signature must be entered onto the PGD
10. Following administration a record of the date, strength, brand and dose of the patch should be recorded in the clients records and documented in the medicine card with PGD number recorded as authorisation

**For full product information, always refer to the latest SPC
(Summary of Product Characteristics).**

If the anaphylaxis is related to a medication, please remember to report to the CSM, via a Yellow Card Report (<http://emc.medicines.org.uk>)

Throughout this PGD, the term NRT refers to Nicotine Replacement Therapy

Supply/Administration of	FLUCONAZOLE 150mg oral capsule
Legal Classification	Prescription Only Medicine (POM)
Black Triangle?	No
Type	Capsule
Storage	Room temperature
Condition to be treated	Vulvo-vaginal candidiasis
Inclusion Criteria	<ul style="list-style-type: none"> • Any individual with a confirmed diagnosis of vulvo-vaginal candidiasis • An individual with symptoms of vulvo-vaginal candidiasis confirmed on examination: vulvo-vaginal itching, erythema, fissures, abnormal thick, lumpy, “cottage cheese” vaginal discharge
Exclusion Criteria	<p><u>Personal Characteristics</u></p> <ul style="list-style-type: none"> • Individuals under 16 years of age • Individuals 16 years and over and assessed as not competent to consent using local safeguarding guidelines • Individuals who are pre-pubertal • Individuals who are hypersensitive to fluconazole or to related azole compounds or any of the constituents found within the formulation • Four (4) or more treated episodes of candidiasis in past 12 months • Individuals with genital sores / ulcers suggestive of other infections • Individuals with symptoms of pelvic pain • Pregnancy or at substantial risk of pregnancy • Recurrent or unresolved symptoms of candidiasis within 4 weeks of being treated • Women over 60 who have had previously self-treated or had a course of treatment for candidiasis in the last two (2) months • Individuals with abnormal vaginal bleeding • Individuals who are immunosuppressed and may require further assessment and systemic treatment

	<p>Medical History</p> <ul style="list-style-type: none"> • Individuals with acute porphyria • Past or current history of cardiac rhythm disturbance • Known liver impairment <p>Medication history</p> <ul style="list-style-type: none"> • Interacting medicines: See Appendix 1 of current BNF
<p>Action if excluded or patient declines</p>	<ul style="list-style-type: none"> • If excluded consider treatment under PGD for clotrimazole vaginal cream / pessary or refer to appropriate doctor/independent non-medical prescriber • Individuals age over 60 years who have had a course of any treatment for vulvo-vaginal candidiasis within the last 2 months should be referred to an appropriate doctor for consideration of other vulvo-vaginal / gynaecological conditions. • Discuss with appropriate doctor/independent non-medical prescriber any condition/medicine of which the nurse is unsure/uncertain • Make individual aware of the benefits of the treatment • Refer to appropriate doctor/independent non-medical prescriber • Record the refusal in the clinical record and action taken
<p>Reasons for seeking further advice from doctor</p>	<p><u>Choice of therapy :</u> The treatments in this PGD are written according to national guidance, however you should also refer to your local Formulary or other supporting guidance for selection of the most appropriate preparation or regimen for the individual</p> <ul style="list-style-type: none"> • Offer a full sexually transmitted infection (STI) screen • Consider referral if two or more treated episodes of candidiasis in past 6 months
<p>Administration Route</p>	<p>Oral</p>
<p>Dose</p>	<p>150mg</p>
<p>Administration Schedule</p>	<p>One 150mg capsule for one dose</p>

<p>Warnings/Adverse Reactions</p>	<p>This list may not represent all reported side effects of this medicine.</p> <p>Refer to current Summary of Product Characteristics (SPC) of relevant product and current British National Formulary (BNF) for full list and further information.</p> <p>The most common side effects include:</p> <ul style="list-style-type: none"> • Gastrointestinal disturbances and headache <p>In the event of untoward or unexpected adverse reactions:</p> <ul style="list-style-type: none"> • If necessary seek appropriate emergency advice and assistance • Document in the individual's clinical record and inform appropriate doctor/independent non-medical prescriber • Complete incident procedure if adverse reaction is severe (refer to local organisational policy) • Use yellow card system to report serious adverse drug reactions directly to the Medicines and Healthcare products Regulatory Agency (MHRA). Yellow cards are available in the back of the BNF or obtained via Freephone 0800 100 3352 or online at www.yellowcard.mhra.gov.uk. <p>The public can report adverse effects directly to the MHRA via the yellow card scheme and should be encouraged to do so.</p>
<p>Advice/Management of Adverse Reactions & Follow-up Action</p>	<p>Medicine</p> <ul style="list-style-type: none"> • Provide Manufacturer's Patient Information Leaflet (PIL) and discuss • Provide verbal, online and/or written information on candidiasis • Explain mode of action, side effects, and benefits of the medicine <p>Condition</p> <ul style="list-style-type: none"> • If symptoms persist/worsen advise individual to contact clinic or GP • Consider suggesting use of clotrimazole 1% cream for symptomatic relief, according to local protocol.
<p>Use in pregnancy and lactation</p>	<p>Refer to GP</p>

Records

The authorised registered nurse must ensure the following is documented in the clinical record:

- Individual's name, address and date of birth
- GP contact details where appropriate
- Attendance date
- Reason for attendance
- Relevant past and present medical and family history, including drug history
- Any known allergy
- Relevant examination findings (where appropriate)